

MIND & BRAIN HOSPITAL



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Dr. Safiya MS is a highly regarded psychiatrist with over 17 years of experience and a dual degree in Psychiatry and Psychology. She holds a **MBBS, DPM, MSCP, FIPS**, and has completed training in inclusive education and dealing with special needs children. As the **Medical Director of Mind and Brain Hospital**, she offers a wide range of services including child and adolescent psychiatry, de-addiction, adult mental health, rehabilitation psychiatry, and psycho-oncology. Dr. Safiya is a member of the **Indian Psychiatric Society**, Karnataka **Psychiatric Society**, and **Medical Council of India**. She is a fellow of the **Community Health Program** and has completed multiple courses and certifications in mental health and psychiatry.



In her commitment to improving mental health within the community, Dr. Safiya has been involved in various community-based interventions. She has been a part of the Masjid One Movement and has spoken at the All India Conference to implement a masjid-based rehabilitation plan. She has also been involved in community-based emergency initiatives in association with the **Health & Family Welfare Department, Govt. of Karnataka**, and has trained ASHA workers and worked with local PHCs. We are also involved in community work. We are currently working with various organizations for De-addiction, Slum area micro-learning centers, and faith-based challenging research in collaboration with **NIMHANS**, Bangalore. We have done a good number of college/university workshops across Bangalore related to Mental Health and substance abuse. Our research in the domain of integrating allopathy for psychiatry with naturopathy with **TDU (University of Trans-Disciplinary Health Sciences and Technology)** is on cards. Internship and Corporate training for companies relevant to mental health is something we are proud of.

Dr. Safiya's contributions to the field of psychiatry have been recognized with several awards and recognition including the **B.C Roy Young Achiever Award** in 2014, **Best Psychiatrist Award in Bangalore in 2017**, and **Top Three Best Rated Excellence Award in 2022**.



Mind and Brain Hospital, located in Bangalore, India, is a premier center for neuropsychiatric, emotional, and behavioral treatment. Our mission is to provide exceptional and compassionate care for individuals of all ages facing psychiatric and behavioral challenges.



Our Services

01



Experienced and Qualified Team

Our team consists of highly qualified psychiatrists, psychologists, and therapists who use evidence-based treatments and therapies to help patients.

02



24/7 Emergency Retrieval Services

Our hospital has 24/7 emergency retrieval services and different categories of inpatient facilities

03



Holistic Approach to Treatment

We believe in addressing not just the mental health issue but also the underlying physical and emotional causes for a comprehensive treatment.

04



Children's Psychiatry

We have Children's psychiatry for speech therapy, behavioral therapy, occupational therapy, and special education.

05



Community Work

We are involved in community work and currently working with various organizations for de-addiction, slum area micro-learning centers, and faith-based research.

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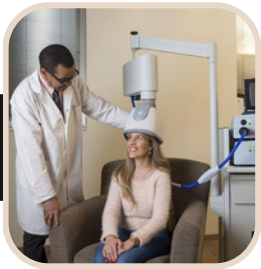
02



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03



Advanced Mental Health Treatment

Our advanced mental health treatment approach focuses on addressing the mental health issue along with its underlying physical and emotional causes for a comprehensive and holistic treatment.

04



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